

**REXDALE COMMUNITY HEALTH CENTRE**

**PROGRAMS CALENDAR**

**Main Site: 8 Taber Road**

**April 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>2</b></p> <ul style="list-style-type: none"> <li>◆ 9:30-5:00 Clients Support Service</li> <li>◆ 12:00-2:30 Adult Social</li> <li>◆ 9:30-11:00 Eating for Two</li> <li>◆ 1:00-2:30 Feeding with Love</li> <li>◆ 10:15 Blood sugar test group 2</li> <li>◆ 10:30 Exercise group 1</li> <li>◆ 11:15 Snacks Group 1</li> <li>◆ 12:00 Snacks group2</li> <li>◆ 1:00-2:30 Living Life To The Full</li> </ul>	<p><b>3</b></p> <ul style="list-style-type: none"> <li>◆ 9:30-5:00 Clients Support Services</li> <li>◆ 10:00-1:00 Caregiver Appreciation Event Toronto City Hall</li> <li>◆ 1:30-3:00 Eating For Two</li> <li>◆ 3:30-4:30 Exercise Program(must be diagnose with Pre -Diabetes or Type 2 Diabetes)</li> </ul>	<p><b>4</b></p> <ul style="list-style-type: none"> <li>◆ 9:30-8:00 Clients Support Services</li> <li>◆ 12:00-2:00 Self Support Group</li> </ul>	<p><b>5</b></p> <ul style="list-style-type: none"> <li>◆ 9:30-5:00 Clients Support Services</li> <li>◆ 9:30-11:00 Feeding with Love</li> <li>◆ 1:30-3:00 Eating for Two</li> <li>◆ 9:30-12:00 Parent Child Playgroup</li> <li>◆ 10:00-3:00 Seniors program</li> </ul>	<p><b>6</b></p> <ul style="list-style-type: none"> <li>◆ 9:30-4:00 Clients Support Services</li> <li>◆ 2 :00-3 :30 Seniors Choir</li> <li>◆ 1:30-3:30 Computer Training Classes</li> <li>◆ 10:30-11:30 Exercise Program (must be diagnose with Pre -Diabetes or Type 2 Diabetes)</li> </ul>	<p><b>7</b></p>
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**SATELLITE LOCATIONS**

- ◆ **8 TABER ROAD**
- ◆ **B427/SATELLITE**
- ◆ **111 KENDELTON**
- ◆ **LAMP CHC**
- ◆ **GEORGE HULL**
- ◆ **STONEGATE CHC**



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