REXDALE
COMMUNITY HEALTH CENTRE

# FROM ACCESS TO IMPACT



## 2025–2026
## Annual Report

# ABOUT REXDALE CHC

## 2027-2029 STRATEGIC DIRECTIONS

Over the last year, Rexdale CHC sought input from our community, staff, leadership and partners to guide our centre's strategic priorities over the next three years. Through surveys, focus groups, discussions and a Community Health Needs Assessment, we heard what matters most to our neighbours and reflected that in refined mission and values statements and a strategic plan that aligns community needs with Ontario's health system objectives and Rexdale CHC's strengths and purpose.

**See our infographic and read more about our 2027-2029 Strategic Directions at [www.RexdaleCHC.com/about-us/strategic-directions-2027-2029](www.RexdaleCHC.com/about-us/strategic-directions-2027-2029).**

"The 2027–2029 Strategy reflects our historical commitment to the North Etobicoke community and renews that commitment with an emphasis on creating a more accessible, integrated and equitable health and wellness system that responds to the community's evolving needs."

*—Sukhi Singh, Board Director; Chair, Board Strategic Planning Committee*

## OUR VISION

**A healthy and empowered community.**

## OUR MISSION

We listen to and work alongside the communities of North Etobicoke to improve health and well-being through integrated care, partnerships, advocacy and community leadership that advance a more equitable health system.

## OUR VALUES AND BELIEFS

### ACCOUNTABILITY

We set clear commitments, measure results and share our progress openly.

### EQUITY

We remove barriers and create equitable opportunities for everyone to achieve better health, with particular attention to communities experiencing the greatest barriers.

### RESPECT

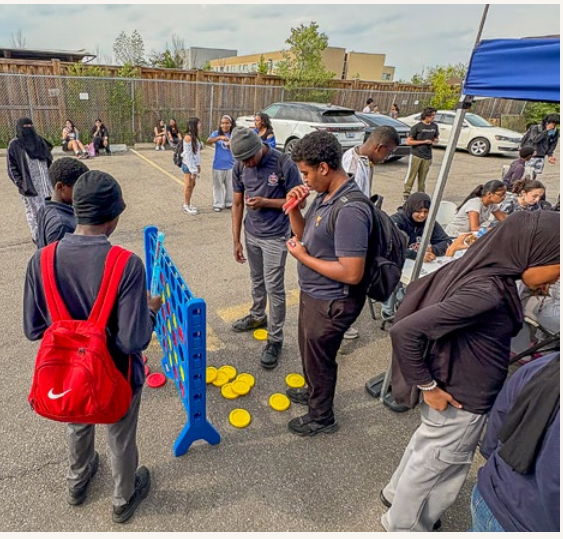
We listen, value lived experience and treat everyone with dignity.

### COLLABORATION

We work with our community, staff and health system partners to achieve better outcomes together.

### EXCELLENCE

We continuously learn, innovate and improve to deliver safe, high-quality, responsive care.







# MESSAGE FROM THE EXECUTIVE DIRECTOR & BOARD CHAIR

**When health care is out of reach to individuals, families and communities, there are consequences far beyond those immediately affected. Recognizing this, Rexdale CHC has always sought innovative ways to improve access to care for our neighbours in North Etobicoke. This year we expanded our efforts to connect residents to the health care and wellness services they need. Our team of health care providers, outreach workers, program teams and administrative support is turning access into impact across our community. And we are seeing that access translate into measurable, lasting change in the lives of the people and families we serve.**

Working with partners on the Central West Ontario Health Team, we helped to build a coordinated "front door" that makes it easier for residents without a primary health care provider to register and connect with the right one for them. With $4.3 million in new funding, we grew our interprofessional primary care team (IPCT)—recruiting physicians, nurse practitioners and allied health professionals—and deepened our reach by delivering services at affiliate health clinics and through our Wheels to Wellness mobile clinic.

Access also meant meeting people where they are—whether apartment buildings, shelters, workplaces and faith communities—and connecting in the language that serves them best. The Francophone community benefited from our café-discussion groups, health education, and a dedicated Health Promotion and Service Navigation Day. We continued to prioritize residents who are underserved by supporting refugees and newcomers, providing care to Northern Ontario First Nations residents who were displaced by wildfires, and sustaining our Living Well with Sickle Cell Disease program alongside culturally responsive and Afrocentric approaches to care.

Mental health remained a central focus, with new programs like our workshops for neurodivergent young adults and our trauma support group joining our existing offerings like the Men's Healing Circle and our youth development programs. Through Pathways to Education, we also supported more than 400 students with mentoring, financial assistance and leadership opportunities to help them achieve their greatest potential in high school and beyond.

Looking ahead, we have completed a comprehensive strategic planning process that engaged staff, clients, community members and partners in shaping Rexdale CHC's future. We are also planning for additional clinical space to support our growing primary care team, and continuing to strengthen our operations management so that we are well positioned to sustain and enhance our impact.

More than 180 dedicated, incredible staff continue to make all of this possible. Without their compassion and expertise, we would not be able to turn access into impact every single day. We are equally grateful to our funders, whose investment makes this work possible; to our community partners, who extend our reach and strengthen our collective response; and to our volunteers, who give their time and energy in service of our neighbours. To all of you, thank you for another year of extraordinary achievement. We look forward to building on this momentum together in the year ahead.



**Safia Ahmed**
*Executive Director*



**Kiki Lin**
*Chair, Board of Directors*

# WHAT WE DO

## HEALTH PROMOTION PROGRAMS

- Client Support
- Community Health/ Client Care Navigators
- Foodie Festival
- Mental Health and Counselling

### FOR SENIORS

- Chair Dance International Rhythms (via Zoom)
- Chair Yoga (via Zoom)
- Coffee Chat (via Zoom)
- Digital Device Lending Library: Seniors Friendly Tablets
- Digital Literacy Club (via Zoom)
- English as a Second Language Classes
- Fun Fitness Program (via Zoom)
- Gentle Chair Fitness
- Men's Social Program
- Men's Tai Chi (hybrid)
- Rakuten Kobo Digital Book Club (via Zoom)
- Seniors Adapted Movement Program (via Zoom)
- Somali Seniors ESL (hybrid)
- Somali Seniors Fitness (women only)
- Spanish Seniors Social Program (hybrid)
- Strength and Tone Program (via Zoom)
- Talking Café

### FOR CHILDREN & YOUTH

- Children's After-School Program
- REX Pride
- Steps to Excellence (STEP+) Program
- TO Wards Peace
- Youth Development Program
- Youth Outreach Program

### FOR ADULTS

- Etobicoke Pre- and Post-Natal Program
- Family and Community Support
- French Language Services
- Hypertension Monthly Workshop
- Urban Harvest Toronto

## PRIMARY HEALTH CARE SERVICES

- Chiropractic Care
- Community Choice Pharmacy
- Dental Services
- Diabetes Education
- Family Medicine
- Foot Care
- Mental Health and Counselling
- Midwifery
- Naturopathic Services
- Nutrition
- Physiotherapy
- Sexual Health Clinic

### PRIMARY HEALTH CARE WORKSHOPS & GROUP PRESENTATIONS

- Boxing and Brain Fitness Program Chronic Disease Self-Management
- Chronic Pain Self-Management
- Dancing with Diabetes Fitness Classes
- Diabetes and Ramadan Workshop
- Diabetes Prevention Workshop
- Diabetes Self-Management Program
- Falls Prevention Program
- Foot Health Education Sessions
- Heart Health Workshops
- Pre- and Post-Natal Nutrition Education and Food Demonstrations
- Seniors Health and Wellness Education
- Understanding Diabetes – Your Path to Wellness

## SPECIALIZED PROGRAMS AND SERVICES

- Acupuncture clinic (in partnership with Humber College)
- Boxing and Brain Fitness Program (in partnership with Functional Mind and Body)
- Glaucoma education, eye exams, and prescription glasses (in partnership with Forsee Canada)
- Message therapy (in partnership with Humber College)
- Teleophthalmology (Diabetes Retinopathy Screening)

## PATHWAYS TO EDUCATION PROGRAMS

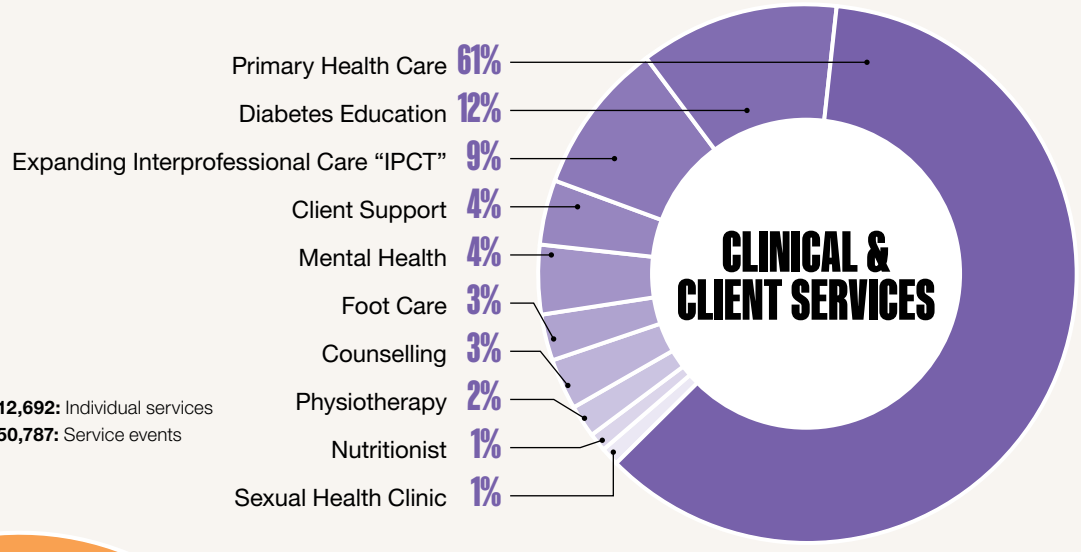
- Career Night Event
- Celebration of Excellence and Scholarship Award Event
- ComKids Laptop Program
- Mentoring
- Student Parent Support Worker
- TMU School of Medicine: Healthcare Mentoring Program
- Tutoring
- United Nations Association in Canada: Building Opportunities for Youth in Rexdale (BOYR) project

### PATHWAYS TO EDUCATION WORKSHOPS

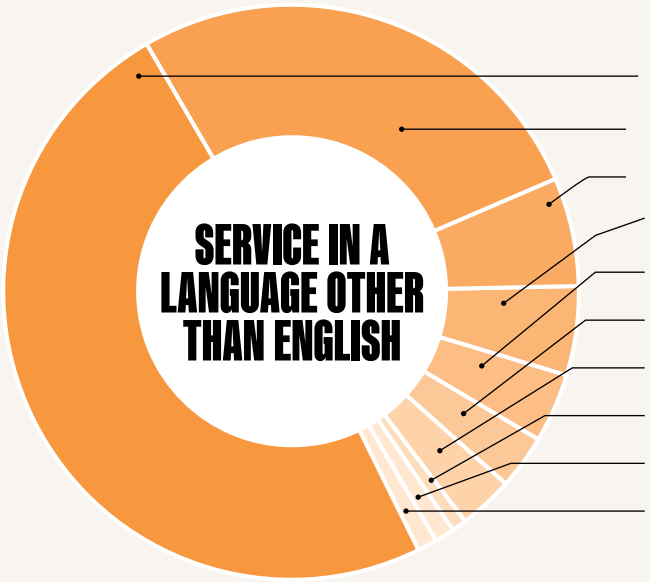
- Grade 12 & Beyond
- Know & Protect Your V.I.B.E. (Values, Identity, Belonging & Emotion) - Mental Health Workshop
- Pillars of Success – Communication Workshop
- Pillars of Success – Productivity
- Pillars of Success – Professionalism
- Ready, Set, Succeed Workshop – Extension of Post-Secondary Preparation Workshops
- University Panel Event - Extension of Post-Secondary Preparation
- Wired for Success Electrical Skilled Trades Workshop – Extension of Skilled Trades Initiative

## OUR CONTRIBUTION TO COMMUNITY HEALTH ACCESS

### CLINICAL AND CLIENT SERVICES ACTIVITY, FISCAL YEAR 2025-2026

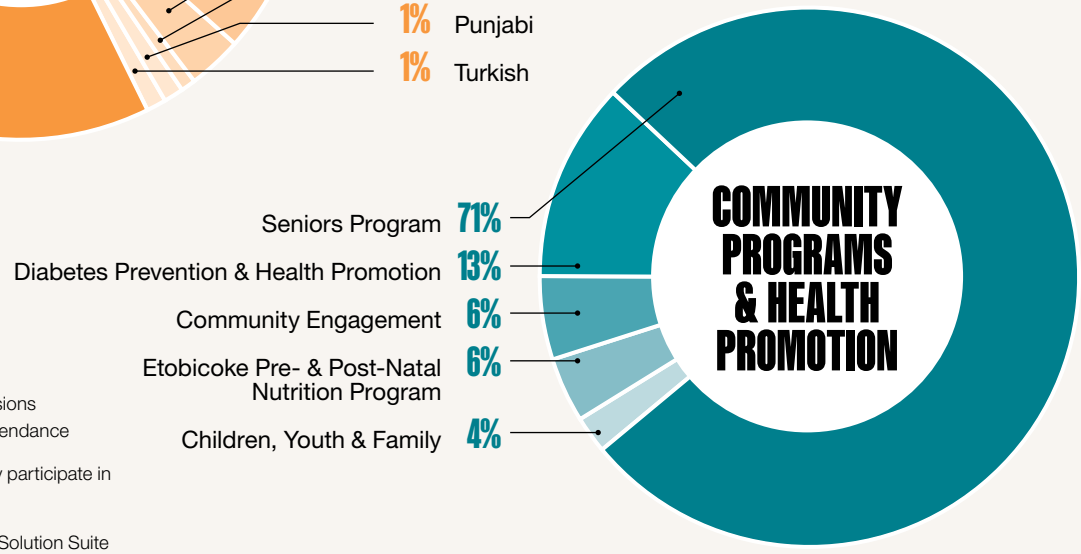



**12,692:** Individual services
**50,787:** Service events




*Other languages are included: Hungarian, Pashto, Polish, Sinhalese, Tamil, Twi, Urdu, etc.

Source: Telus Practice Solution Suite




**4,581:** Total group sessions
**54,043:** Total group attendance

Group participants may participate in more than one group.

Source: Telus Practice Solution Suite

ACCESS TO

# PREVENTIVE SERVICES




**Our Lower Limb Preservation Program conducted more than 300 foot assessments and referred clients with moderate or high risk for diabetes-related foot complications to the chiropodist for early intervention and treatment.**

## CHRONIC DISEASE PREVENTION AND CARE

Rexdale CHC's interdisciplinary Chronic Disease Prevention and Management team provides comprehensive care through diabetes education, nutrition counselling, physiotherapy, chiropody, foot care, and community outreach. This year, we expanded our **Community Health and Wellness Screening Initiative** to provide more access to prevention and early intervention services. Through partnerships with community organizations, workplaces, shelters and faith-based groups, our team provided diabetes risk assessments, blood pressure and blood glucose testing, foot assessments, eye screening, health education, chronic disease management support and other services within Rexdale CHC and the community. We also used these screenings to connect people to a regular healthcare provider if they did not have one.

## BUILDING TRUST AND CONNECTING PEOPLE TO THE CARE THEY WANT

Throughout the year, we worked closely with workplaces, churches, temples, mosques, community organizations, and HUB partners to bring culturally responsive health education directly to residents in trusted and familiar settings. These outreach efforts focused on increasing awareness of the importance of primary care, helping individuals understand how to access services, and connecting residents to healthcare providers if they did not have one. By meeting people where they live, work, and worship, we were able to build meaningful relationships, reduce barriers to care, and foster trust in the healthcare system.



## Jeffrey's Story

**When Jeffrey* participated in one of our health and wellness screenings, our nurse observed several issues during the foot assessment. The 71 year old had excessively long, thick, and curved toenails, fungal infection on both feet, very dry skin, and a significant buildup of calluses that left visible debris on the floor when Jeffrey removed his shoes. These signs indicated that he was at increased risk for skin breakdown, ulceration, and potential infection if left untreated.**

**Our nurse referred Jeffrey to the chiropodist. During the chiropodist's assessment, they identified a small insect within the callus debris under one of the nails, highlighting the severity of the buildup and associated hygiene challenges. Jeffrey reported a history of multiple foot injuries, including fractures sustained while working with horses, which further increased his risk for complications. The assessment also revealed that Jeffrey's overgrown and curved nails, paired with inappropriate footwear, had led to a shift in how he walked.**

**The chiropodist provided treatment, including nail and callus care, as well as foot hygiene education aimed at preventing further deterioration. Jeffrey received a self-care kit containing socks, a nail file, and foot cream. He expressed gratitude for the care received, noting that he felt significantly better. Soon after our care, he was demonstrating early functional gains and had already noticed an improvement in his walking.**

**At follow-up, our care team noticed that Jeffery was still wearing the same inappropriate, wet footwear, as he was unable to afford a replacement. This ongoing barrier increased his risk of recurrence and complications. The chiropodist advocated for additional support to help him get proper, supportive footwear, highlighting the critical role that addressing social determinants of health plays in preventing avoidable foot complications, reducing risk of ulceration, and ultimately helping to prevent amputation.**

**not his real name*

## ACCESS TO

# CULTURALLY APPROPRIATE PROGRAMS AND SERVICES




## FRANCOPHONE SERVICE NAVIGATION DAY

Our **Francophone Health Promotion and Service Navigation Day** was designed to increase awareness of health, mental health, social, settlement, educational, employment and community services available in French in Rexdale and to connect Francophone residents to these services. The event brought together several organizations, allowing the Francophone community to meet representatives, get practical information and receive guidance on registration, referrals and follow-up. In addition to reducing barriers to accessing services, this event strengthened collaboration and information-sharing among service providers and helped us gather information about community needs and service gaps.

## CAFÉ-DISCUSSION/FRANCOPHONE SENIORS DISCUSSION GROUP

Our periodic **Café-discussion groups** offered a safe and inclusive space for Francophone seniors to reduce social isolation, increase connections, and get health education in French. We engaged guest speakers and community partners to cover a range of topics, from mental health to digital literacy, fraud prevention to chronic disease prevention, and many more.

ACCESS TO

# PROGRAMS FOR EVERY LIFE STAGE



## SENIORS PROGRAMS

In the spring, in partnership with Chronic Disease Management, the Rexdale CHC Seniors' Program delivered two wellness initiatives in collaboration with Functional Mind and Body to promote healthy aging, brain health, and social connection. The 12-week **Boxing & Brain Fitness program** combined low-impact boxing movements with cognitive exercises to support physical and mental well-being. With seated and standing options available, participants built strength, coordination, and cardiovascular endurance while engaging the five core components of brain fitness. The program also supported bone health, confidence, and peer connection through movement, repetition, and shared laughter.

Complementing this initiative was our **Dementia Resilience Seminar Series**, which brought seniors together for learning, movement, and conversation focused on dementia awareness and resilience. In a supportive group setting, participants gained practical tools, reflected together, and strengthened social connections.

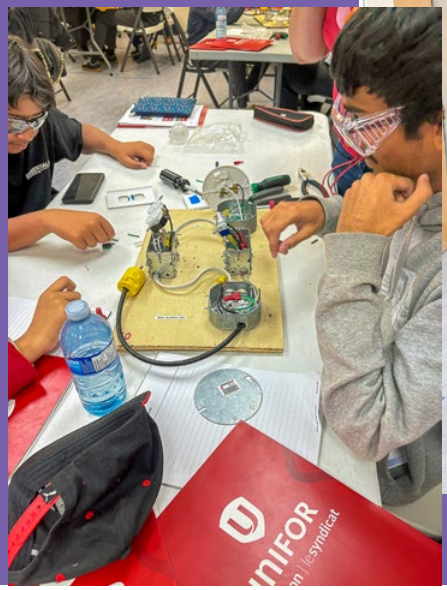
## YOUTH SERVICES

With funding from the City of Toronto, Rexdale CHC implemented the first cycle of the **CityServe** initiative, with programs offered with partner community organizations. Through this program, youth accessed diverse learning opportunities, including community-based projects with the Toronto Community Housing Corporation, mentorship and leadership programming through Think 2wice, hands-on training in robotics and 3D printing with Youth Association for Academics, Athletics, and Character Education, and placements at Humber College. Employment readiness workshops further strengthened participants' skills in resumé writing, interviewing, workplace expectations, leadership, and personal development. The program demonstrated that experiential learning, supportive mentorship, and individualized coaching with regular check-ins and one-on-one support can be key drivers of youth engagement and success.

**CityServe created pathways to employment, education, and community leadership for youth, empowering them to realize their potential and make meaningful contributions to their communities.**

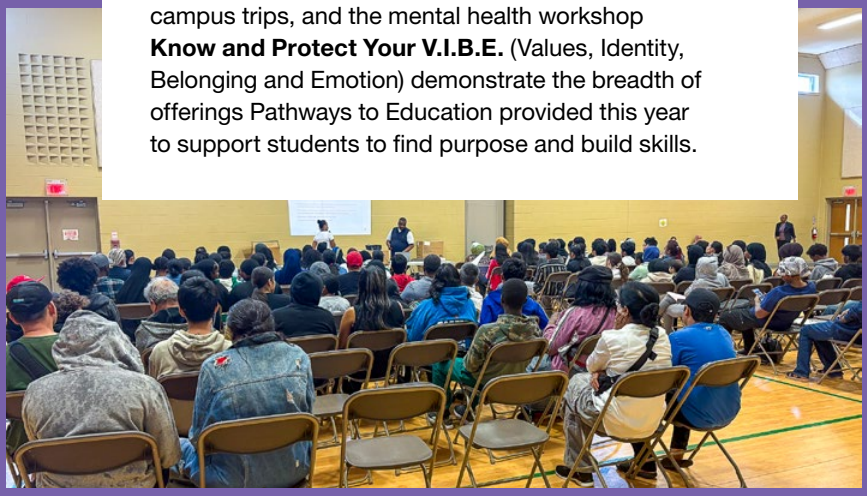






# PATHWAYS TO EDUCATION

In addition to supporting students from grades 9 to 12 to achieve their academic potential through tutoring, mentorship and the guidance of student parent support workers, Rexdale CHC's Pathways to Education program launched a number of new initiatives this year. Our **Healthcare Mentoring program** and **Career Night** focused youth on potential post-secondary career opportunities. Ongoing programs, such as the **Ready, Set, Succeed** workshop series, **Wired for Success Electrical Skilled Trades workshop**, post-secondary campus trips, and the mental health workshop **Know and Protect Your V.I.B.E.** (Values, Identity, Belonging and Emotion) demonstrate the breadth of offerings Pathways to Education provided this year to support students to find purpose and build skills.



## What Students Told Us

> **"Great workshop. I really liked everything that happened today and I hope I can come back in the future"**

> **"Thank you for the amazing opportunity to be a part of the TD Talent Lab program. I appreciate all the support and guidance. It was fun being part of this community and learning more about the workforce in sectors like finance. Thank you!"**

> **"Loved the entrepreneurship session topic; it was very motivational and inspiring for me personally."**

> **"Thank you for creating such a welcoming and supportive environment where we felt encouraged to ask questions, learn new things, and grow. I am very grateful for the opportunity to participate in this program and learn from such experienced professionals."**

ACCESS TO

# THE SERVICES COMMUNITIES NEED

## ENHANCED TELEPHONE SYSTEM AND CLIENT EXPERIENCE

To support our commitment to providing inclusive, accessible, and client-centred communication, our IT department updated the telephone system call flow across our locations. With these updates, we have enhanced the caller experience to ensure clients are quickly connected to the appropriate program or service. The updates also include new French language greetings and navigation options to provide equitable access to Francophone callers.

## SUPPORT FOR THE EVACUEE CLINIC

This year, the team also provided support to the Evacuee Clinic, assisting individuals and families affected by displacement and emergency situations. We provided primary care, health assessments, coordination of services, and links to community resources to give evacuees timely healthcare support during a period of significant disruption.

## DIGITAL STRATEGY AND COMMUNITY ENGAGEMENT

As part of our commitment to strengthening Rexdale CHC's digital presence, the IT Department conducted a comprehensive review of the centre's digital footprint to support the development of a long-term digital marketing strategy. Our work focused on evaluating the organization's online presence, identifying opportunities to improve website performance, user experience, and accessibility, and enhancing the integration of social media platforms. By providing strategic guidance and technical expertise, the IT Department is helping to create a more engaging, and user-centred digital experience that will increase community outreach, improve access to services, and drive greater engagement with Rexdale CHC's programs and resources.



## REFUGEE HEALTH SUPPORTS

The Primary Health Care team has continued to play a key role in supporting refugees and newcomers in North Etobicoke as they navigate the healthcare system. Through dedicated outreach, care coordination, primary care access, and system navigation, the team has helped individuals and families access the services they need to support health and successful settlement. This work reflects Rexdale CHC's commitment to health equity and ensuring that vulnerable populations receive timely and culturally responsive care.

ACCESS TO

# PRIMARY HEALTH CARE

## WHEELS TO WELLNESS MOBILE HEALTH CLINIC




**Rexdale CHC's Mobile Health Clinic** is an increasingly important component of our outreach strategy to bring primary care services directly to individuals who may otherwise face barriers to care. The mobile clinic has improved community access to health assessments, chronic disease management, health promotion, and system navigation supports. Through this unit, we have engaged hundreds of community members, connected many to ongoing care, and reduced barriers to equitable access to primary health care.

**We offered more than 100 Wheels to Wellness clinics to over 1,500 clients this year.**

## INTERPROFESSIONAL PRIMARY CARE

**Rexdale CHC is on track to achieve our target of attaching 100% of eligible clients to a primary care provider by February 2027.**

Continuing our commitment to help everyone to have a primary care provider, Rexdale CHC has been actively developing strong partnerships with community-based primary care providers and organizations. Through a hub-and-spoke model of care, we have expanded primary care capacity across our catchment area and created more opportunities for individuals and families to be attached to a health care provider. This broad network of support also provides a more coordinated and integrated care experience that includes nurse practitioners, mental health care, chronic disease management, and specialist consultations and navigation.

## SICKLE CELL DISEASE

Rexdale CHC continued support for individuals and families affected by sickle cell disease (SCD) through clinical care, education, outreach, and system collaboration. Our **Living Well with Sickle Cell Disease program** worked to improve access to care, build provider knowledge to deliver high-quality care to people living with SCD, and increase awareness across the communities we serve. Our Nurse Practitioner provided comprehensive, wraparound care to help clients better manage their health, access the resources they need, and address their physical, emotional, and social needs. In partnership with sickle cell specialists, we also delivered a series of educational sessions and promoted the Living Well with Sickle Cell Disease Program to health providers and organizations across Ontario. These efforts helped increase awareness of available services and strengthen referral pathways for individuals living with SCD.



ACCESS TO

# MENTAL HEALTH SUPPORTS

## MEN'S HEALING CIRCLE

The **Men's Healing Circle** has become a valued support program in which participants have a safe and supportive space to connect, build resilience, discuss shared experiences, and support their mental and emotional well-being. The skill-building sessions support progressive learning, reflection, and integration of wellness practices related to trauma, emotional healing, healthy relationships and healthy communication.




## TRAUMA GROUP

We offered a support group that explored various aspects of trauma—what it is; chronic, complex, and intergenerational trauma; and managing thoughts, emotions, behaviours, and healing inner child.

## NEURODIVERGENT WORKSHOP

We offered a two-part online series for neurodivergent young adults who are navigating workplace challenges, job searching, and work-related stress. This series served as a welcoming support group to explore strengths, reduce shame, and develop sustainable ways of working that fit individual needs.



## SOULPEPPER THEATRE OUTING

Our Amani team facilitated a group dinner, discussion and theatre experience for 30 clients. The group attended a show at Soulpepper Theatre in downtown Toronto that was produced by and starred a Black actor.

## PARENTING SUPPORT WORKSHOP

This program helps parents recognize their strengths, develop healthy communication skills, nurture positive relationships, and create stronger family connections.

# INDEPENDENT AUDITORS' REPORT

Statement of financial position for the twelve months ending March 31, 2026

| ASSETS | March 2026 | March 2025 |
|---|---|---|
| **Current Assets** | | |
| Cash | $ 6,173,754 | $ 3,236,250 |
| Investments - Restricted | 2,821,136 | 2,717,092 |
| Accounts receivable | 848,490 | 1,287,941 |
| Prepaid expenses | 89,972 | 128,591 |
| | **9,933,352** | 7,369,874 |
| **Property and Equipment** | 3,822,216 | 4,332,095 |
| | **$ 13,755,568** | $ 11,701,969 |
| **LIABILITIES** | | |
| Accounts payable and accrued liabilities | $ 2,774,344 | $ 2,333,983 |
| Accounts Payable – OH | 3,156,522 | 353,836 |
| Deferred revenue – Special Projects | 0 | 45,000 |
| | **5,930,866** | 2,732,819 |
| **NET ASSETS** | **7,824,702** | 8,969,150 |
| | **$ 13,755,568** | $ 11,701,969 |

Consolidated statement of revenues and expenses for the twelve months ending March 31, 2026

| REVENUE | | |
|---|---|---|
| Ontario Health - Base | $ 13,091,226 | $ 7,530,904 |
| Ontario Health - Diabetes | $842,421 | $744,500 |
| Revenue - Special Projects | 6,530,623 | 7,998,308 |
| Revenue - Growth and Development | 1,375,608 | 1,097,340 |
| | **21,839,878** | 17,371,052 |
| **EXPENDITURES** | | |
| Salaries | 6,504,147 | 5,397,142 |
| Benefits and relief | 1,294,489 | 1,140,422 |
| General and operating | 2,165,417 | 1,835,484 |
| Rent and maintenance | 1,805,856 | 1,273,676 |
| Project grant expenses | 7,785,353 | 6,163,657 |
| | **19,555,262** | 15,810,381 |
| **Excess of Revenue over Expenditures** | **$ 2,284,616** | $ 1,560,671 |
| Amortization cost | 675,778 | 655,618 |

We have audited the accompanying financial statements of Rexdale Community Health Centre which are comprised of the statement of Financial Position as at March 31, 2026, and the statements of Revenues and Expenditures, Changes in Capital Asset Fund, Revenues and Expenditures and Changes in Capital Assets Fund - MOH Capital Project Fund, Revenues and Expenditures and Net Assets, Revenues and Expenditures, and Cash Flows for the year then ended, and notes to the financial statements, including a summary of significant accounting polices.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of Rexdale Community Health Centre as at March 31, 2026, and its financial performance and its cash flows for the year then ended in accordance with Accounting standards for Not for Profit Organizations (ASNPO).

We conducted our audit in accordance with Canadian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of Rexdale Community Health Centre in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**OASIS LLP**
Chartered Professional Accountants
Licensed Public Accountants
Richmond Hill, Canada
Thursday, June 25, 2026

# FUNDERS, DONORS & PARTNERS

**Rexdale CHC continues to increase access to health care and programs and services for the North Etobicoke community thanks in part to funders, donors and partners who support our work and our commitment to the health and wellness of individuals and families across our community.**

## FUNDERS

### FEDERAL FUNDERS

Employment and Social Development Canada

Public Health Agency of Canada

### PROVINCIAL FUNDERS

Central West Ontario Health

Ministry of Health and Long Term Care

Ministry of Seniors and Accessibility

Ontario Health Toronto

Yorktown Child and Family Centre

### MUNICIPAL FUNDERS

City of Toronto
- Community Service Partnership (CSP)
- Social Development
- Toronto Employment and Social Services

Toronto District School Board

### OTHER FUNDERS

Alliance for Healthier Communities

Apotex Inc.

Canadian Mental Health Association Toronto Branch

Centre for Addiction and Mental Health

Pathways to Education Canada

Toronto Public Library Board

United Way of Greater Toronto

## DONORS

BGMO Skilled Trades Council

Canadian Online Foundation

Charities Aid Foundation Canada

Chum Charitable Foundation

Cleveland Clinic Canada - Toronto Inc.

Desiree Griffith

Ronald Grieve

Stephen G Watson

Tania Fernandes

Toronto Dominion Bank

Woodbine Care

## PRIMARY CARE PARTNERS

Albion-Finch Medical Centre

Breathe Midwives

Crystal Clinic

Emery Keeleesdale Nurse Practitioner-Led Clinic

Foundation Health

Islington@402 Medical Centre

Sickle Cell Awareness Group Ontario

Toronto Metropolitan University

Westway Medical Centre

Woodbine Family Health Team

## PARTNERS

Achieve Employment, Newcomer and Language Services

Afri-Can Food Basket

The Albion Centre

Albion Neighbourhood Services
- Boys & Girls Albion Club

Alicia's Infinity

Apple

Athabasca University

Big Brothers Big Sisters Toronto

Big Heart Studio

Black Coalition for Aids Prevention

Black Creek Community Farm

Black Health Alliance

Black Physicians Association of Ontario

Black Youth Jobs

Blue Print

Boston Consulting Group

Braeburn EarlyON

BRAVE

Brescia College – Western University

Canadian College of Naturopathic College

Canadian Hearing Services

Canadian Memorial Chiropractic

Canadian Red Cross

CANES Community Care

Care Hop

The Career Foundation

Centennial College

Centre for Spanish Speaking People

City of Toronto:
- Dental Services
- Toronto Public Health

CMHA: Canadian Mental Health Association
- Peel
- Toronto

College Boreal School of Business & Community Resources

ComKids

Community Choice Pharmacy

The Community Company

Community of Learning in Education

COSTI

Crescent Boys School

Dejinta Beesha

Delta Family Resource Centre

Dorothy Ley Hospice

Durham CHC

Epilepsy Toronto

Ernestine's Women's Shelter

Etobicoke Brighter Futures Coalition





Etobicoke Services for Seniors

Family Service Toronto

FoodShare Toronto - Community Food Growing

Ford Global Group Inc. Services

Fortinos

Franklin Carmichael Art Group

Friends and Advocate (Peel)

Fusion Cardio Toronto

GCAO - Skilled Trades Council

Game Changers

George Brown College:
- EarlyON Centre
- Children's Mental Health

Giant Tiger

The Good Companions Seniors Centre Ottawa

Great Canadian Casino Resort Toronto

Hammer Heads Program

The Health Depot Pharmacy

Hear Canada

Hope Leads Mental Health

Humber College (South & West):
- Greenhouse & Horticultural Technician
- Message Therapy (Faculty of Health and Life Sciences)
- Traditional Chinese Medicine and Acupuncture (Faculty of Health and Life Sciences)
- Centre for Innovation in Health & Wellness

Istar Restaurant

Justin Fund

JVS Toronto

Kids Up Front Toronto

Kingsview Seven Day Church

KOFE - Knowledge of Financial Education & Consolidated Credit

Lakeshore Arts

LAMP CHC

Let's Get Together

Lumenus Community Services

Mabelle Arts

McMaster University

Mentor College

Modern Meditators

Monsieur Percy Johnson School

monstrARTity

Mosaic Homecare & Community Resource Centre

N Power Canada

New Leaf Foundation

Nipissing University

NWCCSS - Northwest Community Crisis Social Services

OCAD University

Older Adults Centres' Association of Ontario

Ontario Caregiver Association

Ontario Elder Abuse Prevention Network

Ontario Ministry of Transportation

Peer Tutors from Pathways

Pillars of Success

Pride Toronto

Queen's University

Rexdale Community HUB

Rexdale Legal Clinic

Rexdale Women's Centre

Rexdale Youth Mentor

Royal Botanical Gardens,

Sankofa Psychotherapy & Consultancy Group

Second Harvest

Seneca College

SHAD Canada

Sheridan College

Somali Women and Children's Support Network

STEM MINDS

Stonegate CHC

Subway Sandwiches

Sunshine Seniors Centre

Symcor

TAIBU CHC

TCCS - Toronto Community Crisis Services

TD Bank - Securities

TECH Coaches

Think 2wice

TNG Community Services

Toronto District School Board:
- Dixon Grove Junior Middle School
- Emery Collegiate Institute
- Kipling Collegiate Institute
- Martingrove Collegiate Institute
- North Albion Collegiate Institute
- Thistletown Collegiate Institute
- West Humber Collegiate
- Western Technical Commercial School
- Weston Collegiate Institute

Toronto Police Service
- Division 23

Toronto Community Social Planning Council

Toronto Employment and Social Services - Confronting Anti-Black Racism Committee

Toronto Metropolitan University (TMU)

Toronto Public Library (Albion Branch)

Toronto Supportive Housing – Kendelton

TYPE

Unifor

University of Guelph Humber

University of Toronto

Vibe Arts

Vision Loss Rehabilitation Canada

Voyant Beauty

Waterloo University

Western University

William Olser Health Centre

Windsor University

Woodgreen Community Services

Woodbine Mall & Fantasy Fair

YAAACE - Youth Association for Academics, Athletics, and Character Education,

YMCA - Young Men's Christian Association

York Fairbank Seniors Centre

York University

York West Active Living Centre

Youth Without Shelter

YWCA – Etobicoke

# REXDALE CHC STAFF

## ADMIN TEAM

**Safia Ahmed,** ***Executive Director***
Hussein Mohamud, *Admin Support*
Jose Garcia, *Manager, EMR & Digital Solution Management*
Salimata Kone, *Office Administrator*
Stephanie McQueen, *Human Resources Generalist*
Ximena Bustillos, *Human Resources Administrator*

## CHRONIC DISEASE MANAGEMENT TEAM

**Linda Akuamoah-Boateng,** ***Manager, Chronic Disease Management***
Alecia Johnson, *Registered Practical Nurse - LLP*
Amardeep Riar, *Dietitian, Diabetes Educator*
Cheryl Mercuri, *Physiotherapist*
Claudia Scarangella, *Dietitian, Diabetes Educator*
Dejan Pavlovic, *Chiropodist*
Kaitlin Romano, *Dietitian, Diabetes Educator*
Karen Wang, *Chiropodist*
Kelsie Polano-Newell, *Chiropodist*
Latoya Rowe, *Registered Nurse, Diabetes Educator*
Lisa Neilson, *Dietitian, Diabetes Educator*
Lulay Gilao, *Admin Support*
Michael Acheampong, *Physiotherapist*
Nastaran Toofani, *Dietitian, Diabetes Educator*
Neda Rezvany, *Registered Nurse, Diabetes Educator*
Selma Hussein, *Registered Nurse, Diabetes Educator*
Sonia Hernandez, *Dietitian, Community Nutrition*
Sumaya Farah, *Registered Nurse, Diabetes Educator*
Tahireh Mohebati, *Registered Nurse, Diabetes Educator*

## FINANCE & OPERATIONS TEAM

**Tracy Zhang,** ***Director, Finance and Operations***
Amelia Noel, *Maintenance Worker*
Emelin Brown-McLaughlin, *Building Administrator*
Eric Ivy, *Maintenance Worker*
Henok Wondimu, *Maintenance Worker*
Omar Patten, *Maintenance Worker*
Raghib Shah, *Manager, IT*
Sajeda Aziz, *Bookkeeper*
Wilman Caceres, *Finance Coordinator*

## HEALTH PROMOTION TEAM

**Althea Martin-Risden,** ***Director, Health Promotion***
Aisha Salad, *Client Support Navigator*
Devika Persaud, *Client Support Navigator*
Fadumo Geire, *Client Support Navigator*
Kimberley King, *Urban Harvest Coordinator*
Massudi Hakizamungu, *Health Promoter, French Language Services*
Payton Henry, *Urban Harvest Food Service Worker*
Stephanie Kyei, *Black Focus Navigator*
Suad Aden, *Volunteer Administrator*
Thandi Wason-Wong, *Case Manager*

## LOCAL POPULATION HEALTH TEAM

**Terrence Rodriguez,** ***Manager, Local Population Health (LPH)***
Estela Vasquez, *Community Ambassador*
Leslie Kargbo, *Community Ambassador*
Marie Musabeyezu, *Community Ambassador*
Suad Salim, *Community Ambassador*
Suanna Persaud, *Admin Support - LPH*

## MENTAL HEALTH PROGRAM TEAM

**Lisa Davies,** ***Manager, Mental Health Programs***
Chana Crystal, *Mental Health Therapist, Pediatric Recovery*
Dwayne Sybbliss, *Senior Case Manager, Amani*
Idil Mohamud, *Senior Case Manager, Amani*
Jason Creed, *Senior Case Manager, Crisis Response*
Karishma Antia, *Mental Health Therapist, Crisis Response*
Keri Michaud, *Case Manager, Pediatric Recovery*
Nana Boateng, *Mental Health Therapist, Amani*
N'Kosi Whyte, *Social Worker*
Sarina Singh, *Social Worker*
Segen Mehreteab, *Mental Health Therapist, Amani*
Sue Chahal, *Case Manager, Pediatric Recovery*
Titilola Omotosho, *Mental Health Therapist*



## PATHWAYS TO EDUCATION TEAM

**Madina Wasuge,** ***Director, Pathways to Education***
Abadi Hussein, *Site Support Worker Pathways*
Angela Brown-Knight, *P2E Coordinator, SPSW*
Bashir Mohamed, *Student Parent Support Worker*
Bhairvi Shah, *Pathways Tutor*
Carissa Johnson, *Student Parent Support Worker*
Farhia Mohamud, *Pathways Tutor*
Fatmina Khanyare, *Student Parent Support Worker*
Gowridevi Akasapu, *Pathways Tutor*
Jeetesh Chitanna, *Site Support Worker Pathways*
Laura Gray, *Site Support Worker Pathways*
Meenaz Mansuri, *Student Parent Support Worker*
Muna Ahmed, *Student Parent Support Worker*
Muna Mohamed, *Academic Assistant - Junior Students*
Nathalie Pozo, *Student Parent Support Worker*
Ormie Shikany, *Student Parent Support Worker*
Pritam Solsi, *Pathways Tutor*
Sarah Jafri, *Pathways Tutor*
Savannah Jack, *Academic Assistant - Senior Students*
Simrit Brar, *Site Support Worker Pathways*
Sonia Khan, *Site Support Worker Pathways*
Sunita Kak, *P2E Coordinator, Site Support*
Toni-Ann Beford, *Student Parent Support Worker*
Yogindra Chanchall, *Student Parent Support Worker*
Support Worker

## PRIMARY HEALTH CARE TEAM

**Devi Raghunauth,** ***Director, Primary Health Care***

Abdikarim Dirie, *Registered Nurse (RN)*

Adib Ali, *Physician*

Agnes Magpantay, *Medical Secretary*

Amal Farah, *Registered Nurse (RN)*

Amita Mall, *Physician*

Andres Gomez, *Nurse Practitioner (NP)*

Anna Mattacchione, *Medical Secretary*

Beerpal Plaha, *Physician*

Bianca Agyakwa-Bempong, *Nurse Practitioner (NP)*

Bushra Dahir, *Registered Nurse (RN)*

Charles Ozzoude, *Integrated Care Client Liaison*

Clara Cheong, *Physician*

Dean Roehl, *Physician*

Doomeli Reena Singh, *Medical Secretary*

Ehtalem Gesese, *Medical Secretary*

Emmanuel Aba, *Physician*

Ephrem Assefa, *Medical Secretary*

Evette Kyei-Marfo, *Clinical Operations Coordinator*

Faiza Abdi, *Medical Secretary*

Fallon Demelo, *Nurse Practitioner (NP)*

Hervina Dosanjh, *Registered Nurse (RN)*

Indira Kumaralagan, *Mobile Client Support Worker*

Isabel Martin, *Physician*

Jompo Olaniyi, *Registered Practical Nurse (RPN)*

Kirollos Mikail, *Physician*

Leila Omar, *Medical Secretary*

Lousin Lazarian, *Client Support Navigator*

Mathew Abraham, *Physician*

Mikayla Santaguida, *Community Ambassador, Sickle Cell*

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Nana Osei, *Medical Secretary*

Nimo Noor, *Medical Secretary*

Nirmala Mahipal, *Nurse Practitioner (NP)*

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Petra Alexis, *Nurse Practitioner (NP)*

Premdeep Basra, *Nurse Practitioner (NP)*

Rachna Sharma, *Nurse Practitioner (NP)*

Raxma Bade, *Medical Secretary*

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Rumaiza Usman, *Registered Nurse (RN)*

Sediqa Amery, *Nurse Practitioner (NP)*

Shanti Sherpa, *Registered Nurse (RN)*

Sharon Lambo-Hall, *Medical Secretary*

Shazia Maqsood, *Medical Secretary*

Shelley Clarke, *Nurse Practitioner (NP)*

Tania Fyke, *Client Support Navigator*

Uchenna Nwaogwugwu, *Registered Nurse (RN)*

Xin Susan Fan, *Physician*




## SERVICES FOR SENIORS TEAM

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Andrea Morales, *Seniors Program Coordinator*

Chelsea Cruzada, *Seniors Program Worker*

Hawa Nur, *Senior Program Assistant, Somali*

Miriam Merino, *Seniors Program Worker*

Mulki Jumale, *Senior Program Assistant, Somali*

Rupa Ghosh, *Seniors Program Worker*

Safia Abdulkader, *Senior Program Assistant, Somali*

Wendy Caceres, *Manager, Services For Seniors*

## TOWARDS PEACE PROJECT (TWP) TEAM

**Tanya Iskierski,** ***Community Safety Initiatives Lead, TWP***

Foad Karimian, *Project Lead TWP*

Gerald Amponsah, *Violence Disruptor Worker*

Lora Williams, *Violence Disruptor Worker*

Marc Rainford, *Systems Navigator*

Maria Farias, *Administrative Coordinator, TWP*

Natasha DeRouche, *Violence Disruptor Worker*

Patrece Lall, *Violence Disruptor Worker*

Shelley Deonarine, *Social Worker*

Shyanne Witter, *Violence Disruptor Worker*

Tevon Fray, *Project Lead TWP*

Zya Brown, *Manager, Think2wice*

## YOUTH & FAMILY SERVICES TEAM

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Amar Ramnarine, *Program Facilitator, RexPride*

Beirut Nur, *Child Minder*

Christabell Zalwango, *Community Enhancement Program Worker*

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Dylon McIntyre-Garcia, *City Serve TO Youth*

Easter Angeles, *EPPNNP Support Worker*

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Hamdi Abukar, *Youth Coordinator, Step+*

Jennifer Pham, *City Serve TO Youth*

Jordan Hamilton-Smith, *City Serve TO Youth*

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Martha Morales, *EPPNNP Worker*

Mauricio Rivero Arevalo, *Summer Student*

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Renee Scott, *Program Coordinator, City Serve*

Sodaynena Scott, *City Serve TO Youth*

Stephanie Lynch, *Youth Worker*

Suleiman Salad, *Summer Student*

# VOLUNTEERS

We are grateful to the many community members whose contribution of time and talent enhanced our ability to improve access to health services at Rexdale Community Health Centre this year.




## BOARD OF DIRECTORS

Kiki Lin *(Board Chair)*
Alexandra Boasie *(Vice Chair)*
Enobong Udofa *(Director)*
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Jia Ahn *(Director)*
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Michael Walters *(Director)*
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Sandra Robinson *(Secretary)*
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Sukhman Kalra *(Director)*

## COMMITTEE MEMBERS

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Habiba Adan
Jeanne Aliguina
Konrad Fernandes
Melissa Peck
Nazek Mohammed
Estella Romero
Salma Jahan
Thulir Sivakasikaran

## ADMINISTRATION

Abdul Rashid Mohamed
Amy Naguib
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Bhupindu Bhachu
Fatima Ahmed
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Khisli Khushi
Muskan Kanur
Naima Gabireh
Osasere Elasho
Rayan Rashid
Sucdi Cabdi

## PATHWAYS TO EDUCATION

Abdi-Hakim Hussein
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Crescent Daniel
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Ryan Ding
Sahar Khan
Sally Keitha
Samiha Hossain
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Simrit Brar
Soleil Petta
Taneka Heron
Toshani Shori
Vedika Patel
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## PROGRAMS AND SPECIAL EVENTS

Abayomi Adebanjo
Abdallah Uwihoreye
Abdulrahman Jama
Abeke Aremu
Adassa Boswell
Adeeb Anwar
Ademola Micheal
Ahmat Dary Bechir
Ahmed Suleiman
Aiman Rehan
Aisha Halane
Ajay Wright
Ala Adekolu
Alaa Hefny
Alan Dean
Alijah Igbinovia
Alina Luo
Alireza Paydar
Almir Cunha
Amar Ramnarine
Ameen Brar
Ameen Richards
Amit Jakubovicz
Anastasia Tucker
Andre Zhang
Andrew Tran
Angel Budzejko
Angela Heigle
Armiena Husein
Aroon Udho
Arpit Jain
Babalola Olajumoke
Bahar Korkmaz
Basak Korkmaz
Bello Tawo
Bello Tonia
Beverley Bowen
Bieliks Amoke
Bina Israni
Blessing Adjei
Blessing Appiah
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Bryan Zhu
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Carol Grant
Carol Stuart
Carolina Franquiz
Catherine Peever
Charles Omere
Christina Khan
Cindy Greiver
Clare Esede
Danafay Carter
Daniel Livshitz
Darrab Qureshi
David Bonner
Dawattie Prasad
Denzil Fernandes
Devonte Armstrong
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Dorthy Martin
Eddie He
Edwina Osei
Elahe Foadoddini
Elizabeth Adamah
Elizabeth Agbonito
Emily Garson
Emily Lim
Emine Golcek
Emmanuel Omere
Ester Abire
Esther Oyewunmi
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Huhanna Halloway
Husna Sherzay
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Iqra Sadiq
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Ishan Gehlaut
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Ixchel Serrano
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Jonathan Yeung
Jose Oladejo
Joseph Aja
Joseph Rosario
Josephine Azoba
Joy Aja
Joy Hermanstyne
Joycelyn Pencil
Julia Zuccon
Kalkidan Chala
Kanika Karlra
Karza Zahid
Kathy Caldwell
Kathy Lu
Kaushika Kolli
Kavinaya Vijayatharsan
Kavyam Shah
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Krish Patel
Kumi Somaskandan
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Lalitha Chandra
Lauren Grammer
Lawrence Biney
Lawrence Imafidon
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Love Kessie
Lynda Persad
Lynn Hua
Maharanie Khan
Malah Toufeily
Malak Toufeily
Malkia Safowaa-Boateng
Malyka Sheikh
Maria Fernandez
Maria Vasquez
Maria Talani
Marian Afolabi
Martina Gravina
Martina Young
Marvin Mpiani
Maryam Bahram
Mathew Galvez
Matti Khairi
Mavis Forson
Mercy Konodu
Meriam Kouki
Merna Wilson
Mey Eliya
Michael Dowe
Michael Onyeka
Michelle Olukakun
Millicent Adderley
Ming Ou
Miriam Davis
Monika Chopra
Moses Haynes
Moyo Soreoluwa
Mulki Jumale
Myra Sharpe
Naffy Keita
Naifat Alli
Nancy Osei
Nandini Patel
Natalie Pavlovic
Naty Keila
Navneet Thethy
Navneet Toor
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Oluwafemi Emmanuel
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Pratibh Pahar
Precious Gitau
Precious Omere
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Rosanna Di Millo
Rosario Navarro
Rosemary Gebo
Rosemary Opoku
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Sandaljot Kaur
Sandy Dawood
Sean Dunnigan
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Simone Sebastian
Sina Shabestary
Solsi Pritam
Sonia Guarnieri
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Tosin Dada
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